

# Dear Friends,

For twenty seven years Concern India Foundation has focused on "Helping People Help Themselves", working with communities and NGOs throughout India, nurturing them from their initial stages and watching them grow to a point where they need us no further. This year, as in the past, we have been involved in programmes in the areas of education, healthcare, special needs, infrastructure, livelihoods and more, and together we have reached out to make a difference to nearly 150,000 children, men and women in a sustainable and life changing manner.

This, we could not have done without our many donors, well-wishers and the NGOs with whom we partner. To each and every one we are eternally grateful and extend our thanks.

I would also like to acknowledge with warm and heartfelt appreciation the dedicated hard work and commitment of all those who form the family of Concern under the very able leadership of Kavita Shah.

Many thanks again, A. B. K. Dubash

Chairman

## FINANCIAL STATEMENTS

ABRIDGED INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.3.2018

ABRIDGED BALANCE SHEET AS ON 31.3.2018

PARTICULARS	(In ₹crores)
Establishment Expenses Legal and Professional Charges Audit Fees Miscellaneous Expenses Depreciation Expenditure on Objects of the Trust	1.67 0.10 0.01 0.00 0.03 8.69
TOTAL	10.50
Interest Profit on redemption of MF Donations in Cash or Kind	0.56 0.12 10.97
TOTAL	11.65
Earmarked amount to be utilised in 2018-19 for objects of the Trust	1.15

LIABILITIES	(In ₹crores)
Corpus Funds Income & Expenditure A/C	5.61 14.64
TOTAL	20.25
ASSETS	
Fixed assets Investments	0.18 13.77
NET CURRENT ASSETS	
Current assets Less: Current liabilities	6.30
TOTAL	20.25

Summarised from financial statements audited by M/s Y. K. Bhagwagar & Co., Chartered Accountants. Dated: 15th September, 2018 at Mumbai.

# **Number of NGOs supported: 343** Number of lives touched: 1,48,489



#### **Education**



We support NGOs working directly at the grassroots level with the economically and socially disadvantaged, to make education accessible and relevant to as many as possible. These include pre-schools, formal education and after school programmes, digital education, life skill education, professional education and strengthening school infrastructure.

Our support to educational initiatives impacted 25,288 children and 1,215 youth in the past year.

#### Health



We extend our support to programmes that work in the areas of preventive, remedial and rehabilitative health care. These programmes work at different levels including, early years, school years, reproductive, maternal and child care, community based programmes and children in need of special care etc.

Our support to grassroots level work in the area of health and hygiene improved the lives of 41,084 people.

### **Community Development**



The programmes we support work with communities to help bring about socio-economic change for those surviving on the periphery of mainstream society. We focus on the areas of woman empowerment, elderly care, special needs, rural intervention, natural resource management and livelihoods.

Our support to community development activities has directly benefited 56,672 individuals.

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**Chief Executive Officer** Ms. Kavita Shah

#### Trustees

Ms. Naheed H. Sorabjee Mr. Feroz K. A. Dubash Ms. Nanaki Arora

#### **KEY HIGHLIGHTS OF SOME OF OUR PROGRAMMES**

#### **WATER**

## Enhancing livelihoods through natural resource management

# 4 years | over 400 families 2 villages | Rajasthan

Since 2014, the water programme has been working to ensure year-round water supply to families in Mandwa and Badundiya, Rajasthan who are dependant on agriculture, animal husbandry and forestry as mainstays of their livelihood. The depletion of natural resources, unemployment and casteism were some of the major problems in this area further complicating the threat to the sustainable livelihood and the food security of the community. The project's goal was to upgrade the quality of life of the rural population from the two villages, by stabilizing and improving the productivity of their eco-space by providing them with sustainable livelihood opportunities in the selected watershed areas.





#### Some of the highlights in 2017-18:

- Decreased soil erosion and increased percolation of water
- Increased level of water in wells by 5-6 feet
- Increased availability of fodder by almost 50%
- Increased and timely availability of water for irrigation and drinking
- Increase in area under irrigation
- Increased food security by up to 6 months
- Families now have access to their own irrigation facility

This has resulted in effectively reuniting families by halting migration to cities and has also managed to get the children back into school. This project has now been successfully completed and over 400 families have access to water for their daily household needs and farming.

Source: Participatory experience sharing workshop held in April 2018.

#### **SURAKSHA**

#### Adolescent reproductive health education

912 students | 7 schools Bengaluru & Pune

The subject of menstruation is still a taboo in India. The embarrassment around menstruation forces thousands

of girls to drop out of school once they reach puberty, impeding the growth of female literacy in India.

Suraksha is a Concern programme that reaches out to girls and boys aged between 7 and 16 years to help them understand and manage adolescent changes in a healthy manner. The programme includes sessions for younger children, adolescent girls and boys separately and imparts scientific knowledge and perspective on reproductive health so that they are better equipped to manage the changes. They also learn how to recognise abuse and protect themselves from it. Boys are included as they



must be made aware and play an important role in creating a conducive environment. The various elements of the programme converge to ensure that the children better understand adolescence, change their attitudes and behavior towards menstruation, and take home good practices to share with their families.

Parameter	Before Sessions	After Sessions
Ability to say no to unwanted touch	40%	92%
Belief that menstrual blood is not dirty	Girls: 20%   Boys: 10%	Girls: 74%   Boys: 72%
Belief that girls can attend school during menstruation	Girls: 70%   Boys:17%	Girls: 94%   Boys: 59%

#### **SPOORTHI**

# Nurturing underprivileged youth through sports training

## 30 students | Bengaluru



Over the years, Concern India Foundation has run a number of sport oriented events, driven by the belief that sports contribute greatly towards the holistic growth of children. Spoorthi is a programme that seeks to enable and equip underprivileged children to bring forth and hone their natural athletic talent. The children are provided with the necessary sports attire and gear along with a travel allowance to enable them to attend the training regularly. They are also provided with nutritional support on the days of training. The training takes place at two levels – basic training for the first 3 months, followed by advanced training for 9 months based on each child's area of strength and performance.

Over the year of training, every child is assured at least 4 opportunities to participate in various competitions at city level and block level. In addition, the schools in which these children are enrolled were informed of various other competitions to nominate the children. This year 30 students in Bengaluru were enrolled in Spoorthi and underwent regular training each week.

## The children were exposed to the following competitions:

- Karnataka state Youth National Selection Trails, Kanteerva
- State Junior & Senior Athletics Championship held at Moodabidri, Mangalore
- Divisional level Dasara Sports meet, Kanteerva
- Star Track state Level Athletic Meet, Kanteerva
- Purple Run Marathon
- PU College District Athletics Championship

## **SCHOOL IN THE CLOUD**

A self-organized learning environment (SOLE)

Over 700 children 3 schools | Delhi

School in the Cloud was launched to provide a platform for underprivileged children to use technology to expand their learning opportunities. The programme is structured to encourage children to explore, learn and search for

answers by tapping into online resources. It aims to not only improve their reading, comprehension and language skills, but also enable them to analyse and arrive at rational and logical conclusions. The highlight of the SOLE labs is that learning is not driven by teachers, but by facilitators whose role is to create an enabling environment in which 'Learning happens by itself'.

The 2 main pillars that form the foundation of the SOLE Labs are 'Big Questions' and 'Granny Sessions'. Big Questions are those that ignite and spark curiosity in the mind of the child, such as, 'Why can birds fly?' or 'What would



happen if insects disappeared from the face of the earth?' These questions are posed by the facilitator to the children; who organise themselves into groups, browse the internet for answers and engage in discussions.

The Granny Sessions are mediated by 'Grannies' - a team of e-mediators from across the globe; who are available over Skype to engage with the children in a wide range of interactive activities and guide them as they explore vast resources of available information.

#### REFURBISHING SCHOOLS

Creating a cheerful learning environment

# 435 students | 2 schools Maharashtra

Tribal communities in Maharashtra are poorly educated, mainly due to their lack of awareness and poor access to schools. Ashram schools are residential schools set up in rural areas to cater to the educational needs of tribal children. However, very often these schools are not in good condition and lack basic amenities.





Concern took up the refurbishment of one such school in Shahpur, which catered to 435 students of the area. The school had only one hand wash fixture and not enough functioning classrooms. Through the programme, we installed 3 water tanks that hold 1000 liters each and supply water to 17 hand wash fixtures as well as nearby toilets. We also undertook the renovation of 2 classrooms in which the flooring, windows and doors were refurbished, lights and fans were installed, and the walls were painted with colourful characters to create a lively atmosphere for the children. All these steps created more classroom space, allowing the segregation of higher and lower grade classes. This enabled the teachers to provide more individualized attention to the children, leading to better academic performance.

#### RESIDENTIAL HOME FOR THE ELDERLY

Safe and healthy environment for the elderly

345 beneficiaries | Delhi

Concern India Foundation has supported a home that provides residential facilities and basic amenities to



neglected and abandoned elderly people suffering from ailments like Alzheimer's and Dementia. The beneficiaries belong to lower economic backgrounds and are brought to the old age home from roadsides, temples, railway platforms, hospitals and are also referred by social workers, police stations etc. The support we provide helps to:

- Ensure a safe and healthy environment for the destitute elderly.
- Provide safe and hygienic accommodation, adequate nourishment, clothes and basic amenities.
- Provide prompt and quality health care.
- Provide recreational facilities, mental health support, social interactions and spiritual upliftment.

Parameter	Number of Beneficiaries
Provided with special care	116
Fractures treated with physiotherapy	11
Paralytic problems treated with physiotherapy and medication	58
Diabetes medication provided	51
Neurological problems treated with medication and visits to a neurologist	114

#### **From Rural Cluster To Urban Market**

# 1000 women | Rajasthan

Barmer, the fifth largest district in India, is known for it's rich crafts, folk dance and music. The arid weather makes agriculture a seasonal occupation and embroidery practiced by women has become difficult to market thereby affecting livelihoods in the discrict.



'From Rural Cluster to Urban Market' is a cluster development programme in Barmer, Rajasthan to provide skill and design development training to 1000 women artisans over a period of one year. As part of the initiative, the women artisans will gain an understanding of urban and global trends as well as expand their market, thanks to Jaypore, which is the retail partner for this initiative. The programme is a partnership between Concern India Foundation, the YES Arts & Culture wing of YES Global Institute, and Jaypore.

The programme focuses on improving livelihood sustenance by:

1. Equipping women with the latest skills in stitching and designing. It entails an intensive design programme, where a professional designer will steer artisans and

assist them with developing new products using the traditional technique of appliqué.

2. Developing key market linkages via marketing partners for the programme. The new product lines, designed to appeal to urban customers, will be introduced to new markets as well be sold on www.jaypore.com

# **Educating The Girl Child**

# 100 girls | Bengaluru

Concern India Foundation has embarked on a programme to focus on the education of girls in senior school. The programme extends to 100 girls from across 4 NGOs for a period of two years. The entire school fees for each of them are paid for by corporate and individual donors. The programme was launched in December 2017 with the first batch of 15 girls and was supported by one of our corporate partners in Bengaluru, who committed to support one girl child for every woman employee hired, thus ensuring more women in the work force and more opportunities for the girl child to continue being educated.

## **Enhancing Economic Sustenance Through Watershed Development**

281 families | Andhra Pradesh

Malapadu is one of the most backward and under developed villages in the western part of the Guntur district. There are a total of 281 families living in this drought-prone village. Concern is embarking on a programme to manage water resources, help villagers understand the importance of water management and arm them with the means to practice it and restore waste lands so as to improve economic sustenance. The programme is working on enhancing rain water harvesting techniques by strengthening the infrastructure through construction of gabion

dams, check dams, farm ponds and desilting of percolation tanks.

As a direct outcome of this intervention, it is expected that 30 acres of unused waste land will be brought under cultivation. Water storage will benefit 281 families, and 109 farmers with land will have water for agriculture. The structures and water collected during the rains from June - September will initiate the increase in storage of rainwater and restore ground water levels. The farmers will have access to water for cultivation to safeguard the crops and feed their livestock. The structures constructed will also result in control of flooding and sedimentation problems downstream.







Every year, we at Concern work closely with organisations large and small across the country, to conceptualise and manage their employee engagement programmes. These programmes align employees' values with that of the organisation, foster team spirit and of course, benefit the community in which the organisation operates. We have consistently seen goodwill and enthusiasm for employee engagements. Here's a glimpse into a few of them...

**Organic Farming:** A group of 37 employees from one of our corporate partners in Bengaluru volunteered for an activity that lasted 2 days in the rural areas of Tiptur. The first day was spent visiting an organic farm where they learnt about the importance of various organic farming methods and activities including mulching, natural irrigation etc. They visited a field in the village of Haralakattai where they worked with farmers to build water basins which would retain water for their crops. The next day was spent at a village school with the purpose of spreading awareness amongst the villagers about water conservation. The volunteers also painted the walls with pictures and slogans promoting environmental and water conservation.

**Career Counselling:** Employees from a corporate volunteered for a career counselling activity which was specially created for 25 underprivileged children from 3 NGOs. Volunteers explained the functional areas of administration, finance, sales and HR, their manner of working and the challenges faced, the requirements/qualifications as well as the satisfaction one gets in each particular sphere. The children showed a keen interest in understanding the areas and actively asked many questions.

**Tree Plantation:** Employees of organisations from Mumbai, New Delhi and Pune participated in tree planting activities in which they spent an entire day travelling to the sites and planting saplings. More than 400 saplings were planted through these employee engagements.

**Fun Fair, Workshops & Much More:** In association with our corporate partners, our teams across our seven branches organised engagements such as fun fairs, workshops, field trips and art and craft activities. Hundreds of children from underprivileged schools as well as schools for the specially-abled participated in these activities. Some of the organisations reached out to homes for the aged where they played games, read and served meals to the elderly.

## **Events To Celebrate Sports & The Arts**

**All India** 

As we do every year, Concern India Foundation initiated arts and sports led events for children in various cities. These included Splash (art-based event for differently-abled kids), Roshni (a music competition for special kids), Inter-NGO Sports Meet and Differently-Abled Sports Day. Each of the events were greatly appreciated by the participants as well as the sponsors and employee volunteers.







#### A SPECIAL THANK YOU

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